

Citrus Health Network & Citrus Family Care Network

Lifting Up Children and Families
Thriving Mind Virtual Health Fair
May 26, 2021



Citrus Health Network & Citrus Family Care Network Overview

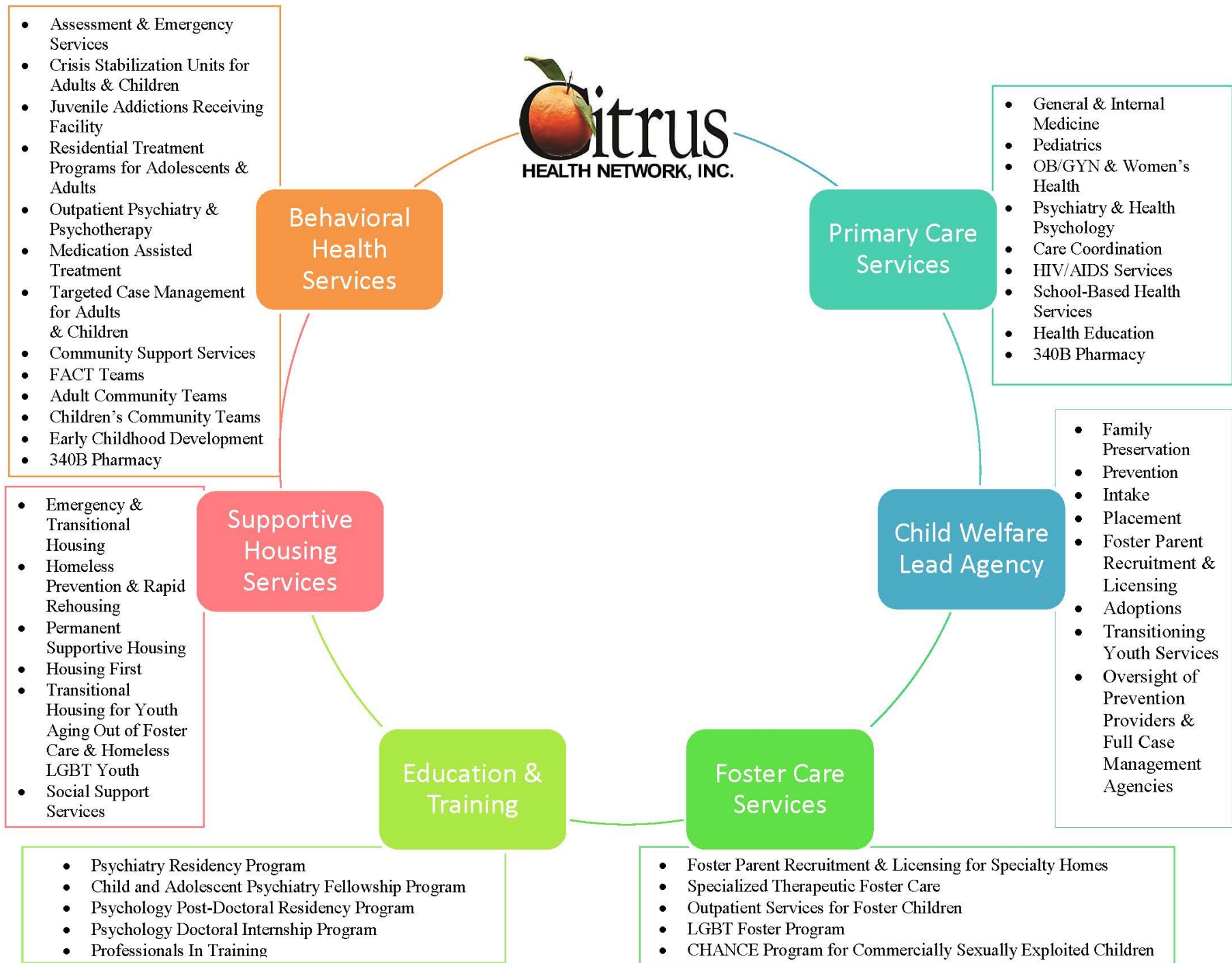
Leslie Veiga, MA,MBA- Communications Director



About Citrus Health Network, Inc.

- Citrus Health Network (CHN) was founded in 1979 as a Community Mental Health Center
- In 2004 CHN became a Federally Qualified Health Center (FQHC) adding primary care services.
- CHN takes a total wellness approach with each client, coordinating care across a broad range of health services and community-based programs.





About Citrus Family Care Network

Citrus Family Care Network (Citrus FCN) is the Community Based Care (CBC) Lead Agency for child welfare services in Miami-Dade and Monroe Counties. The Florida Department of Children and Families contracts with CBC Lead Agencies across the state to provide child welfare services in their local communities for children who have been abused, neglected and/or abandoned. As Lead Agency, Citrus FCN manages foster care and related services, including:

- Child Abuse Prevention & Intervention
- Protective Supervision
- Intake
- Foster Parent Recruitment & Licensing
- Foster Care Placement
- Adoptions
- Extended Foster Care & Independent Living



Child Welfare Integration & Support Team (CWIST)

Families Together Team (FTT)

Barbara Dacey, LCSW, MBA- CWIST Clinical Coordinator

Liansy Gonzalez- CWIST Family Navigator Supervisor

Marsha Rosa, LCSW-FTT Clinical Supervisor



Child Welfare Integration & Support Team (CWIST)

- Multi-disciplinary team that enhances Child Protection Services in Miami-Dade County and increases family safety by consulting with Florida Department of Children and Families Child Protective Investigators (CPI) on cases that present with possible mental health issues, substance use issues, and behavioral health concerns.
- **CWIST Clinician- Subject Matter Expert (SME)**
 - CPIs can request a consult or a joint response for an interview/brief assessment on a family with the CWIST Clinician at any stage of the investigation.
- **CWIST Family Navigator (FN)**
 - Is assigned upon CWIST clinician's recommendations for community referrals



CWIST Clinician SME Services

- Behavioral health experts who will assist the CPIs in gathering sufficient information through consultation and/or brief assessments to determine clinical recommendations for the children and their families with mental health issues, significant behavioral concerns, substance use disorder, and domestic violence implications.
- **Consultation Services-** Conversation/collaboration between the CPI and CWIST Clinician to share information, make a decision, and interview &/or help complete a referral
- **Joint Response/Interviews-** CWIST Clinician with the CPI interview the family to rule out existing behavioral health disorders, mental health functioning, and substance use disorder.



Child Welfare Integration & Support Team (CWIST) cont.

CWIST Family Navigator (FN) Services

- Referrals made by CWIST Clinician.
- Responsible to provide mentoring, support and advocacy to caregivers and children under investigation by DCF.
- Provides care coordination for families presenting with behavioral health and/or substance abuse needs and assists families by teaching them how to navigate the child welfare and behavioral health service system to achieve resiliency and recovery.
- Engages, links, and monitors/follows up on family's adherence to recommendations.
- Helps the family navigate the complex systems
- Remains with the family for 60-90 days



Families Together Team (FTT) Overview

- **Target Population:** Families under investigation by Department of Children and Families (DCF) whose children are at risk of out-of-home placement as a result of allegations of abuse and/or neglect.
- **Services:** Provide intensive individual, Family Therapy and Care Coordinator services. FTT visits the family 3 times a week for approximately 2 hours each session or as needed by each family.
- **Referral Source:** Department of Children and Families & Family Care Network (FCN)
- **Primary Goal:** is to provide enhanced support to children and families and prevent out of home placement by preserving the family.



FTT Prevention Services

- **Family Support Services:** DCF-CPI has completed their Family Functioning Assessment and determines that child/children are safe, and the risk level is high or very high. FTT works with the family for 9 weeks and refer family to any needed long-term services (i.e., psychiatric, substance treatment, Domestic violence counseling, etc.)
- **Family Service:** DCF-CPI has not identified Present Danger, but it is too early to determine whether or not Impending Danger is present. These families have observable or historic needs for intervention in order to stabilize the family. If DCF determines that the child/children are safe and the risk is moderate or low, FTT will only work with the family for 30 days.



Citrus Family Care Network Behavioral Health Services

Kimberly McGrath, PsyD- Citrus Family Care Network
Director of Programs & Services



Children's Reception and Intake Bases (CRIBs)

- Welcoming, safe, child-friendly, and child-focused environments designed to meet a child's immediate needs and mitigate the trauma of being removed from the home.
- CRIB Services are available to assist CPI during the removal process as a Joint Response in the community, when requested by DCF PA or CPIs.
- Transitional Trauma Therapists (TTTs) are available through the CRIB to engage children and families in the removal process and provide brief therapeutic support as child is being displaced to relative/non-relative or licensed placement.
- Behavioral Health Technicians (BHT) further assist in addressing child's immediate basic needs from the areas of hygiene to nutrition while providing comfort and security.



Citrus Family Care Network Behavioral Health Team

- Behavioral Health Team consist of 7 members and one Manager.
- Each member is a Behavioral Health Specialist (BHS) but they each carry roles that are very individualized to them.
- Some of the roles:
 - Comprehensive Behavioral Health Assessment (CBHA) referral, review and linkage
 - Data collection and upload into FSFN
 - Staffing for Child Placement Agreements(CPA)
 - Multi Disciplinary staffing (MDT)
 - Baker Act Staffing
 - Management of the Substance abuse and Mental Health budget (SAMH) for those children that need services not covered by their insurance
 - Youth Planning Team
 - Human Trafficking/Commercial Sexual Exploited children (HT/CSEC)
 - Psychotropic Medication review and audit



QUESTIONS?

For more information, visit:

www.citrushealth.org

www.citrusfcn.com

